

#### Personal Summary:

Twenty years of professional experience and twenty-five years of teaching experience.

Expertise in Classical Ballet with extensive knowledge of theory and techniques.

Deep knowledge of Somatics and Body-Mind Centering.

#### Professional Experience:

Minnesota Dance Theater, Mpls., MN, 1998-1999 , Soloist work in "Nutcracker".

Ballet of the Dolls, Mpls., MN, 1997- 1999, danced leading role in "Carmen", and "Giselle" .

Ballet Minnesota, St. Paul, MN 1993-1997 , danced Grand Pas De Deux in "Nutcracker", leading role in "Giselle" and soloist work in various contemporary works.

Ballet Arts Minnesota, Mpls. MN, 1993-1996, danced leading role in "Stars and Stripes", "Don Quixote" and "Sleeping Beauty".

Continental Ballet, Bloomington, MN, 1990-1993, danced leading role in "Coppelia", and Grand Pas De Deux in "Nutcracker".

American Contemporary Ballet Company, Crofton, Maryland, 1984-1985, danced Blue Bird Pas De Deux in "Sleeping Beauty" and various contemporary works.

Savannah Ballet, Savannah, Georgia, 1977-1978, danced soloist roles and leading roles in various ballets and contemporary works.

#### Teaching Experience:

University of Minnesota, Mpls. MN, Dance Specialist, 2000-current

Metro Dance Center, Shoreview, MN , 1986-current

Out on a Limb Dance Co. St. Paul, MN, 2007-current

Twin Cities Chinese Dance Theater, Shoreview, MN, 2008

Joffrey Ballet 2007, Mpls. MN, Ballet Mistress for children in "Nutcracker"

Dance Works Performing Center, Lakeville, MN, 1997-1999

Ballet Arts Minnesota, Mpls. MN, 1999-2000

#### Responsibilities:

Conduct Ballet classes from beginning all the way to professional level.

Develop lesson plans and teach according to accepted methodologies.

Identify students needs, assessing and helping students learn and solve problems.

Provide instruction adapted to students needs.

Work closely and cooperate with faculty concerning students progress.

Provide mid-semester evaluations.

Hold office hours and turn in grades.

Teach choreography and conduct rehearsals for performances.

#### Education:

Radford University, Radford, Virginia, 1980-1984, Bachelors of Science Degree, minored in Dance

Magna Cum Laude

Continuing Education:

Attended five teaching enrichment classes offered at the U of M., 2009-2010

Attended Body-Mind Centering Conference in California, 2009

Attended graduate level course in Mind-Body Centering, 2009-2010

Choreographic Experience:

"Ne Me Quite Pas", "ADZE", " Lua Lua" performed at the University of Minnesota, 2000- 2001